Pear Breakfast Bread Pudding

24 Servings

Ingredients

16 cups dry bread cubes or crumbs

8 cups milk, low fat

8 eggs

1-1/4 cups lightly packed light brown sugar

1 tablespoon pure vanilla extract

1 teaspoon kosher salt

6 cups Pacific Northwest Canned Pears, diced, in juice, drained

1/2 teaspoon cinnamon

4 cups granola

Servings

Makes 24 servings

Nutrition

282 Calories: Calories from Fat: 59 Fat: 7g Saturated Fat: Cholesterol: 78mg Sodium: 298mg Carbohydrate: 48g Dietary Fiber: 5g Sugar: 26g Protein: 10g Vitamin A: 8% DV Vitamin C: 2% DV 18% DV Calcium: 7% DV Potassium: 11% DV Iron:



Method

Preheat the oven to 350 degrees F. Lightly grease a 12 by 20 by 2-inch pan and set aside.

In large bowl, whisk together the milk, eggs, brown sugar, vanilla and salt. Add the bread cubes and mix well to ensure that they're moistened with the custard.

Pour the mixture into the prepared pan and arrange the pears on top. Sprinkle with the cinnamon and granola. Bake 75 to 90 minutes, or until a knife inserted in the center comes out clean.

Let sit 5 minutes before cutting into 24 (2 by 5-inch) portions. Serve warm.